

Get K.O.L.A April 2008 Newsletter - About a dream

A dream is an "inner view" or illusion, which although is not held in reality, can be translated into reality, by aligning your belief system to agree with and affirm this inner view. As a result the illusion can become real.

A dream suggests that life can be a grand event. According to Peter J Daniels², it is "*a sense of grandeur*". A dream is a glimpse of destiny, which provides magnificence, nobility and dignity. Dreaming is a God-given capacity, which must be developed and nurtured with sensitivity.

I have always maintained that in order for a person to achieve great results, it must never be viewed as a stroll in the park. In as much as we do not pray for obstacles to show up along our paths, we must be prepared to deal with them when they do!

These obstacles are not just physical. The primary obstacles that present themselves are the ones that appear and recur in one's mind. They have the habit of standing in the way of one's life's dreams. These obstacles are those scary heart-throbbing visions that you see when you take your eyes and internal vision away from your goal and destination. They are challenges which must be overcome.

The reality about the things that go on in one's mind reflects where our focus is. Did you know that the thing one focuses on expands? If you focus on success, it will become reality and it will surely expand! If you focus on a negative mindset, you will only produce escalating negative results. An active sensitivity to your life's dreams will help you stay firmly on the road which is full of bumps and pot holes.

A dream can be one that you induce with your conscious mind or that which passes through your subconscious mind, as in when you are asleep. These dreams have a dimension to be translated to reality or may only be "*pipe dreams*", a term which originated from opium smoking, where the illusions would come and dissipate in a cloud of smoke, finally to be replaced by another dream that would vanish in the same way.

A dream is a direction and not a destination. Every dream worth achieving requires hard work, persistence and sometimes the need to stand alone. Practical dreamers never sit around waiting for opportunity – they go in search of opportunity or create it.

Dreams are not given or induced to tease your desires, but to achieve them!