

WHAT WILL YOU BECOME?

To remain as you are denies who you can be - Larry Jones

“When I was faced with financial difficulty, and still unable to break free from the mental block and bondage that automatically accompanies such circumstance, my wife Lola once passed a caring and supposedly ‘consoling’ statement. She said, “Kola, I understand and I know you are trying your best for us”. I silently responded within myself, that if this (the financial adversity that I was faced with) was what my best could produce, that would be very sad indeed.

My question to every reader and practical dreamer is ‘are you working at your best?’ Do you throw your whole self congruently at your endeavour? Congruence, as already referred to in an earlier chapter, is the state whereby you are fully aligned with your person.

Your whole mental and physical activities are in agreement. This state is not achieved in a ‘twinkle of an eye’, but requires conscious and persistent practical development. This is the gateway to confidently working at being your best.”

The above is an excerpt from my recently released book, ‘Dream and Achieve’.

.....

In order to bring out the best in you so that you may attain the status for which you were created, it is necessary that you purposely direct and monitor what goes on in your mind all day long. No one is immune from thoughts of doubt and fear – but through persistent positive thinking and right words; you could master these uninvited thoughts and feelings, which usually influence the words that you say and action steps that you take.

Some of the feelings that I have imbibed within me and words that I continue to affirm to myself include the following:

- I will eliminate hatred, envy, jealousy, selfishness, cynicism, unforgiveness, and doubting the ability of others and myself; by developing love for all humanity - I know that a negative attitude toward others will not bring me peace and success.

- I will cause others to believe in me, because I will believe in them, and in myself. I believe that people have good thoughts towards me, as I have towards them and myself.

- I will engage in no transaction which will not benefit all whom it affects; I will go for only WIN-WIN-WIN always.

.
A regular commitment to such a process and its practice will gradually and eventually influence your thoughts and actions. It aids the direction of your energy towards a positive attainment.

Dear friend, WHAT WILL YOU BECOME?

The above includes an excerpt from my recently released book, 'Dream and Achieve'. See <http://www.getkola.org/event.html> for some media comments on Dream and Achieve.

Order your copy online today from <http://www.trafford.com/08-0066> (for worldwide delivery). In Nigeria, please see <http://www.getkola.org/order.php>

Kola Olutimehin BSc FCCA, is the author of 'Dream and Achieve'. A life and business coach, author, internationally acclaimed inspirational speaker, investor and chartered certified accountant, Kola conducts 'Dream and Achieve' seminars and various conferences In addition to bespoke workshops to organisations and individuals.

Reach Kola via www.getkola.com <<http://www.getkola.com/>>
or send an email to info@getkola.com <<mailto:info@getkola.com>>

. To obtain a copy of 'Dream and Achieve, go to

<http://www.trafford.com/08-0066>
or <http://www.getkola.org/order.php>

For previous issues of Kola's newsletters and more information, visit <http://www.getkola.org/resources.html#top>

<<http://www.getkola.com/>>

or send an email to info@getkola.com <<mailto:info@getkola.com>>

You may forward these newsletters to family, friends and colleagues, who may also sign up to receive these free newsletters directly, by registering their email addresses at

<http://www.getkola.org/mylist/?p=subscribe> <<http://www.getkola.com/>>