

NEWSLETTER DECEMBER 2008

WHAT DO YOU EXPECT IN 2009?

Many a time, we either look for the crystal ball or just wait for events to occur. On the other hand you may choose to direct events. Below is an excerpt from my book, which will not only help you plan your 2009 expectations, but will also point you in the direction of your life's pursuit. My advice to you is that you should DARE to PLAN in writing!

“..When you begin to think towards setting a destiny goal, the normal and achievable feat within your present state of mind must be set aside. Embrace the unthinkable and near impossible goals of exploit, which is the vantage point where you would walk from to the step-by-step process that will produce destiny results. The following are some of the steps that I have personally applied, and continue to employ.

A. Book and arrange a meeting with yourself By this, I mean you should arrange a time when you are not disturbed by anyone at all. I tend to choose a time during the night, which means sacrifice. Do not expect to meet with yourself when you have the time – you have to create the time. Record the time in your diary and don't accept a 'double-booking' – this is a matter of life! You do not have to prove to people who and where you are meeting – it is sufficient to say, 'I can't make the time that you have proposed as I am in a meeting at that time.' I have done this a number of times myself as I am indeed booked for a meeting..

..As you go to “attend” the meeting with yourself, ensure that you have a note pad and pen with you or have access to a computer, so that you can record your “meeting minutes”..

..Do everything possible to avoid being disturbed or distracted during your meeting. Develop and maintain the effective power of concentration and focus...

B. Dream

During the meeting in above, you have the opportunity and challenge to engage consciously with your mind. Think of those things that you had imagined, as a little child, about the person you would become in life. Perhaps an experience you have had may also steer your dream, as Napoleon Hill said, 'Every adversity comes with a seed of equivalent or greater benefit' ..

The above again, is an excerpt from my book, Dream and Achieve.

In planning 2009 for myself, I started by writing down the ideal picture that I wanted before I considered the practical elements of getting these to happen. The reason for this is that it will help you call upon your hidden strengths and abilities, which you can employ towards the achievement of your goals! I saw this work for me in 2008, to an extent.

Have a wonderful Christmas and a happy and prosperous 2009!

To obtain a copy of 'Dream and Achieve, go to
<http://www.trafford.com/08-0066>
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around the world!

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