

WHY NOT MAKE A WISH?

Have you ever been told, like I have been that “wishes don’t come true”? Or were you the type that believed in the true outcome of wishes when as a child you were asked to make a wish before you blew out the candles on your birthday cake? Did you later grow up and discovered that you have been so steeped in disbelief because of the disappointments you have had, and then resorted to thinking there is no reason to ever make another wish? Perhaps you also affirm this with the thought and saying that ‘we are in the real world’.

Sometimes, when I recall some of the sayings that I grew up hearing, I wonder about the thought that produced such sayings. I have found that wishes could actually stimulate your thought processes such that you could eventually translate wishful thinking into reality. Did you realise that great achievers wished it upon themselves and then worked towards it?

In the book, ‘Keeping Faith – the making of an *icon*’ (an inspirational biography of Pat Utomi, written by me and released in February 2010), Pat Utomi (referred to as the icon, in the book) demonstrated what people would say was wishful thinking. Below is an excerpt from the book, which relates to this topic, under the *Iconic Principles* (an exposition of lessons that could be learnt from each related chapter):

“In goal setting, I recommend that you set ideal goals, and research what you need to do to get there. I am not a fan for setting achievable goals, because it forces you to limit your ability. You are unable to create an imagination that will cause you to stretch your resources towards an exceptional achievement.

The acquisition of relevant and applicable knowledge now consumed the *icon*. Having overcome the financial obstacle, the *icon* contended with the time obstacle. He employed the principle of hard work ethics to prove that he was capable of his *iconic* status. It was important that he got all the necessary and applicable knowledge that would set him apart. He planned his route to success adequately, knowing which subjects to register for that would benefit him and his ‘walk’.

The *icon* set ideal goals, and worked towards them. The average study hours for the students, as recommended by the university was nine hours per day. Those who worked above average were on twelve hours per day. The *icon*, concerned that he had to take full advantage of acquiring the applicable knowledge while he was there, went up to fifteen hours per day!”

By the way, ‘Keeping Faith – the making of an *icon*’ (an inspirational biography of Pat Utomi) will be available online within the next few weeks. Comments such as, “it is a very easy read; a breath of fresh air; an enjoyable read” are common ones that people have said to me. To get a copy of the book in Nigeria, visit most main bookshops or simply call +234 802 301 1154.

Why not do yourself a favour now, drift into some wishful thinking, as well as how it could become real! You lose nothing from the exercise, but you may just realise your wishes some day!

Without action, there will be no results. What we achieve is very much linked to the actions we undertake. Having written Dream and Achieve, I realised that many have indeed nodded their heads in approval to some of the suggested action steps. In translating these nods to definite action steps that produce results, I have conducted Dream and Achieve Workshops, which from what I have had as feedback, has enabled people to achieve results. These have certainly gladdened my heart.

My desire this year is to see many more embark on action steps that produce desirable results. I am grateful for the various feedbacks and comments that I have received often as a result of the free monthly newsletters. To make my follow up to these comments more efficient and for the benefit of the thousands that receive these newsletters, I have begun two blogs which will generate discussion and hopefully lead to action that will produce results. Go now to www.dreamandachievethebook.wordpress.com and/or www.getkola-dreamandachieve.blogspot.com to contribute and learn from the community of achievers that we are creating.

These discussions, though will have examples, is expected to help you identify with the topics and take relevant steps that produce results.

So let us discuss your hoped-for results, at www.dreamandachievethebook.wordpress.com and/or www.getkola-dreamandachieve.blogspot.com.

See <http://www.getkola.org/event.html> for some media comments on my book 'Dream and Achieve'. Order your copy online today from <http://www.trafford.com/08-0066> or from www.amazon.com or www.amazon.co.uk (for worldwide delivery). The book is also available as an **e-book** via <http://www.trafford.com/08-0066> as well as being carried by most bookshops around the world! The audio book is available as a download at www.annexemusic.com - select 'Dream and Achieve' from the 'Artists' dropdown menu.

Kola Olutimehin BSc FCCA, is the author of 'Dream and Achieve'. An *Information Tycoon*, (who is an internationally acclaimed Inspirational Speaker and Publisher), Business Consultant, Investor and Chartered Certified Accountant, Kola conducts 'Dream and Achieve' seminars and various conferences in addition to bespoke workshops to organisations and individuals.

Reach Kola via www.getkola.com or send an email to info@getkola.com.

To obtain a copy of 'Dream and Achieve, go to <http://www.trafford.com/08-0066> ; www.amazon.com or www.amazon.co.uk.

For previous issues of Kola's newsletters and more information, visit <http://www.getkola.org/resources.html#top> or send a request email to info@getkola.com.

You may forward these newsletters to family, friends and colleagues, who may also sign up to receive these free newsletters directly, by registering their email addresses at <http://www.getkola.org/mylist/?p=subscribe>.