

# NEWSLETTER OCTOBER 2008

## What really is your interest

“A good man leaves an inheritance for his children’s children...” - Proverbs 13: 22

Winston Churchill’s wife, Clementine, was apparently once asked why she married Winston, of all the better looking men that were around. She was said to have answered that, whilst other men were content with reading history books, Winston was more interested in being in those history books.

We have often been told that man is a mortal being. I do not subscribe to the same reasoning because the works that a man does in his life continues to live on after him. Ageing and mortality is the product of the mind and one’s perception. You are never too old to realise your dream. I worked with a Polish lady who had the physique of an elegant model. As I commented about this, she told me she’d always wanted to be a model all her life and now felt that it was too late at the age of 33 to get into it. I challenged her that modelling ought to be for all ages, as people of all ages are still looking out to identify dress models in their age bracket. Sadly it appeared she had resolved never to resuscitate this dream. I have included this piece in this book with the hope to stir her dream, and those of others, who identify with this example.

It is never too late to fulfil your dream, and work towards leaving a legacy. As Henry Ford said, “if you think you can do a thing or think you can’t do a thing you are right”. You can leave a legacy that will cause your name to live on after you are gone – so why not discover and do what you enjoy. In the words of John C Maxwell “personal growth must be deliberate, planned and consistent.” You only need to cultivate, believe in, and activate a plan.

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The above is an excerpt from Dream and Achieve. See

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Kola Olutimehin BSc FCCA, is the author of ‘Dream and Achieve’. A life and business coach, author, internationally acclaimed inspirational speaker, investor and chartered certified accountant, Kola conducts ‘Dream and Achieve’ seminars and various conferences in addition to bespoke workshops to organisations and individuals.

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